

Victory AC Competition Series

Throughout the year the club holds several series of races designed to give all club members an equal chance to win both the individual and series titles.

[The Ian Murray Short Handicap](#)

The Short Handicap series competition is run on the last Thursday of each month from April to September. The course is approx. 3.5 miles long.

There is a staggered start depending on individual handicaps designed to get all runners finished at the same time. Each individual handicap is calculated based on previous times taken to run the course.

The best 4 out of 7 monthly results, count towards the Series result.

More details about the races, winners and all-time listings, including start times for the next month and a route map of the course are available on the app in the Documents, Competitions and Training sections of the App.

[Mike Edwards Summer Long Handicap](#)

The Long Handicap series competition is run on the second Thursday of each month from April to September. The course is approx. 6.7 miles long.

There is a staggered start depending on individual handicaps designed to get all runners finished at the same time. Each individual handicap is calculated based on previous times taken to run the course.

The best 3 out of 6 monthly results, count towards the Series result.

More details about the races, winners and all-time listings, including start times for the next month and a route map of the course are available on the app in the Documents, Competitions and Training sections of the App.

[Winter Competition](#)

The Winter Competition series is run on the first Thursday of the month between October and March.

This is a series of 5k runs, to be run with no watches, where each runner is asked to predict the time it will take to complete the 5k course. The winner of each race is the one who finishes nearest to their predicted time.

The best four results (out of six races) count towards the series award.

More details about the races and a route map of the course are available on the app in the Documents, Competitions and Training sections.