

Leg 1 Clockwise

Start (Near church hall) to Northney Car Park

From the start follow the cart track, bearing left after approx. 30 metres, left again and right. At the next left turn continue straight on and join a path along the tree line (to your left). There is a stile at the end of the path.

Over the stile and right over another stile onto a concrete pathway. Continue until you meet Victoria Road. Turn left and run along Victoria Road to the end.

At the main road turn left. Continue to, and run down, Northwood Lane.

Continue past the entrance to Castleman's Lane (on your right), and take the grass track on your left which hugs the fenced perimeter of a small livestock field. There are sometimes a few alpacas in the field and chickens.

Follow the perimeter (it turns right approximately a third of the way around) and emerge onto the main cart track on the farmer's land, turn right.

As the track widens and becomes concrete, by the main farm buildings, take the grassy track on your left, heading east.

Continue straight on the track. You will reach Copse Lane.

Cross the road (take care) and continue in an easterly direction (bearing left).

Turn right into Woodgaston Lane and continue to the end.

The handover point is at the end of Woodgaston Lane.

Leg 2 Clockwise

Woodgaston Lane to Mill Rythe School

Head east along the bottom part of Woodgaston Lane and enter a narrow track on your right. This takes you down to the shore.

Turn right and follow the path. Take care as you cross the slipways at the back of the gardens.

You pass a new development of grey coloured houses on your right, continue along the shore.

Bear slightly right, away from the shore, and take the path alongside the tree line of a caravan park (on your left). You will reach Copse Lane. Take care, the end of the path is right on the road.

Turn left onto Copse Lane and continue. Turn left into Yew Tree Road. At the end of Yew Tree Road, turn left and proceed down Havant Road to Mill Rythe School.

The changeover point is outside the school, in the lay-by.

Leg 3 Clockwise

Mill Rythe School to corner of Salterns Lane and Selsmore Avenue

From Mill Rythe School turn left (under the large arch) into the entrance of Mill Rythe Holiday Camp.

After approximately 100 metres, turn right down a track. After a short while you will have Tournerbury Golf course on your left and the Hayling College field on your right.

Continue to the end and emerge onto Eastwood Close. Cross the road and continue the short distance to Tournerbury Lane.

Turn right and run along Tournerbury Lane to the main road. Turn left at the Co-op and head south.

After a short distance turn left again into Legion Road and continue onto the Legion Field. Cross the field diagonally to Hawthorne Grove.

At the end of Hawthorne Grove, turn right onto a rough piece of road and proceed onto a track which heads south. There are two sharp turns on the track. When you emerge from the fenced track, bear right and continue a short distance (past Mengham House) to pick up a track on your left which goes along side of a horse's field.

Go through the barrier at the end and emerge onto Salterns Lane. Turn left and continue. Take care as there is no pavement.

The changeover point is the junction of Salterns Lane and Selsmore Avenue.

Leg 4 Clockwise

Junction of Salterns Lane\Selsmore Ave to Bosmere Road/Sandy Point Rd

From the start enter Marine Walk, look for the entrance to Mengham Rythe Sailing Club. Enter the footpath which goes down the left side of the sailing club entrance. There are a couple of step overs.

The path bears right and passes in front of the sailing club (on your right). Continue south on path, it is now chalk/grass.

The path bears left at an old gun emplacement and then right. There is now a small creek on your left. Keep to the water side as the path snakes around the shore.

You will reach the Lakeside Holiday Village. Enter the village and proceed along the north side of the lake (lake on your left).

Continue past the lake and through the Holiday Village entrance.

Turn left into Marshall Road (there is a convenience store on the corner) and continue to the end.

Turn left onto St Herman's Road, it bends to the right.

At end of road turn left onto Southwood Road and continue.

Turn left into Eastoke Avenue. The road bears right and after a while becomes a untarmac'd track.

Turn right onto Bosmere Road and continue to the junction with Sandy Point Road.

This is the handover point.

Leg 5 Clockwise

Junction of Bosmere Road to Eastoke Car Park (opposite Olive Leaf pub)

From the junction of Bosmere Road run east along Sandy Point Road.

Turn left into Bracklesham Road and continue until you reach the entrance to Hayling Island Sailing Club.

Proceed through the entrance and over the little humpback bridge. Bear right and pass in front of the RNLI station.

Continue on the stones past the nature reserve, on your right, taking care on the corner which is very narrow. Eventually you will reach a tarmac path along the back of the seafront houses.

Continue along the tarmac path. It turns sharply at the end. Almost immediately turn left onto the walkway past the Adizone area towards the Eastoke car park.

You will see the car park ahead.

The changeover point is at the far end. (Take care)

Leg 6 Clockwise

Eastoke Car Park (opposite Olive Leaf Pub) to Ferry Boat Car Park

From the car park (western end), run west along the compacted footpath. This will briefly turn into a tarmac area before returning to footpath as it passes the memorial on your left.

Keep heading towards the fun fair, crossing the railway lines (take care).

Continue to head towards the back (sea side) of the funfair, crossing the fun fair car park. Exit the funfair carpark north onto the roundabout and turn left along the pavement past the arcades. Continue until you join the tarmac road heading west. You will pass the Inn on the Beach on your left.

Continue past beach huts heading towards Hayling Golf Club. At the corner of the golf club perimeter fence head west along the shingle. The fence will be on your right.

Follow the shingle, after a while the path within the stones becomes more obvious. Keep following west.

The path turns to the right around the sand dunes as you near the entrance to Langstone Harbour. Keep following and you will now head north towards the Ferry Boat Inn.

Continue past a small sailing club, over their slipway, towards the ferry car park.

The changeover point is at the gate to the car park.

Leg 7 Clockwise

Ferry Boat Car Park to bottom of Billy Trail

From the changeover point in front of the bar-gate at the south end of the ferry car park, run through the car park and bear right onto Ferry Road.

Run along Ferry Road (take care) passing the houseboats and Sinah Warren Hotel.

Turn left into Sinah Lane and head north. At the top, the lane bears right, continue towards the south end of the Billy Trail, passing Northshore Road on the way.

The changeover point is at the Billy Trail car park (on your left), just as you enter the trail.

Leg 8 Clockwise

Hayling Billy Trail

From the south end of the Billy Track, by the barrier into the carpark, head north following the Billy to the top of the Island.

When you reach the top (north) end, bear right and continue to the car park. Turn left through the car park taking care and continue running onto the main pavement, the changeover point is directly opposite the petrol station on the corner of Northney Road.

South end of Hayling Bridge to Harts Farm Way

From the handover point opposite the petrol Station, run over the bridge keeping on the left hand pavement.

Opposite The Ship pub, bear left by the bus stop onto the cycle/foot path.

Continue on this path (it is narrow and shared with cycles so be careful), until another path crosses it at right angles. There are 4 wooden posts at this crossroads.

Turn left and continue on the path and then straight on up to the end of Mill Lane.

At the path junction at the end, turn right onto the King Charles III Coastal Path and continue along the boardwalk until it ends and then a few yards further on, turn left onto another boardwalk which skirts the edge of the coastal flood area. After going through a wooden zigzag gate keep left and continue to the foreshore and then turn right keeping on the King Charles III Coastal Path. Follow this path as it crosses the end of a small parking area and continue on, down some wooden steps onto the shingle beach. Keep on the right as there is a path (sort of) leading to a step up onto a concrete wall.

Continue on the path until it emerges onto Hart Farm Way. This is your handover point.

Leg 10 Clockwise

Harts Farm Way to south end of Hayling Bridge

Proceed towards the roundabout on Harts Farm Way and cross Southmoor Lane and then cross Brookside Road, still heading towards the back of the Langstone Park.

Follow the path left, between the Langstone Park and the A27. At the end turn right, passing behind the Premier Inn and the Langbrook pub.

At the Langstone Park access road, cross straight over and enter a path between the trees. Follow this path until you reach a zigzag gate and a T junction. Turn left. The path leads to the boardwalk which will take you to the junction at the end of Mill Lane. Turn left into Mill Lane and proceed to the point where the road turns to the right. Go straight ahead onto the footpath.

A few yards further on, turn right into the Cycle/foot path which crosses it. There are 4 wooden posts marking the crossroads. Continue until you reach the main road. Turn right and cross the bridge keeping to the pavement on the right.

The handover is opposite the Apple Green petrol station. This is a split handover – a marshal will take the baton from you and another marshal will hand a baton to your next runner.

Leg 11 Clockwise

South end of Hayling Bridge to Northney Car Park

Run south from the petrol station along the Havant Road. Take care when crossing New Cut and Avenue Road.

Opposite the Esso petrol station turn left into Victoria Road and continue to the end.

Turn left onto a footpath, heading north behind houses. You emerge at a road junction, cross the road (This is Kingsway) and keep going straight on the pavement.

As the road bears left, continue onto another footpath which goes up the side of houses. The path turns right, then left and ends at a T-junction. Turn right onto path, past stables, through a barrier and through a field.

You will arrive at a duck pond on Northney Road. Continue straight ahead, taking care when crossing over to the pavement. The changeover point is in the small car park on your left

Leg 12 Clockwise

Northney Car Park to finish

From the car park follow the track north. Keep on track as it bears right; you will have the sea on your left.

The track will drop slightly as it enters a small area containing trees and bushes. Follow the path through the bushes keeping the water on your left. It will take you on a small circular route eventually re-joining the track taking you back to the car park.

Run through the car park (please take care) and emerge onto Northney Road. Turn right and after approximately 75 metres turn left into a field and head south along the tree line/edge of the field. Continue on the track as it turns sharp left, then right and goes straight through the churchyard.

As you emerge through the gate from the churchyard the finish is straight ahead.