

Race No	First Name	Surname	Club	Cat	Sex	Age	Unaffiliated Club
312	Rosie	Acton	Unaffiliated	WS	F	26	
313	Oliver	Acton	Unaffiliated	MS	M	28	
314	Jane	Acton	Unaffiliated	W50	F	59	
315	Robert	Acton	Unaffiliated	M60	M	60	
316	Samuel	Acton	Unaffiliated	M15	M	16	
317	Richard	Acton	Unaffiliated	M50	M	54	
90	Kirsty	Aked	Denmead Striders	W40	F	42	
93	Terry	Aked	Denmead Striders	M40	M	46	
182	Kim	Amey	Unaffiliated	W50	F	59	
332	Soren	Anders	Unaffiliated	M15	M	17	
333	Christopher	Anders	Unaffiliated	M50	M	51	
129	Jodie	Argyle	Unaffiliated	WS	F	33	
127	Gary	Armstrong	Denmead Striders	MS	M	32	
324	David	Aslet-Clark	Unaffiliated	M40	M	48	
185	Andy	Austin	Unaffiliated	M50	M	58	
186	Lorraine	Austin	Unaffiliated	W50	F	50	
225	Kevin	Aylward	Unaffiliated	M50	M	54	
156	Paul	Ayre	Unaffiliated	M40	M	48	
231	Richard	Bailey	Stubbington Green	MS	M	28	
144	Petra	Banham	Unaffiliated	W40	F	41	
105	Mikey	Barber	Unaffiliated	M40	M	43	Pompey Joggers
261	Leeanne	Barber	Unaffiliated	WS	F	39	
66	Dwayne	Bartram	Unaffiliated	M40	M	49	
118	Michelle	Bavin	Unaffiliated	W40	F	46	
92	Victoria	Bazier	Unaffiliated	WS	F	33	
195	Peter	Beachill	Unaffiliated	M50	M	54	Victory AC
103	Bethany	Beaumont	Unaffiliated	WS	F	22	
104	Gillian	Beaumont	Unaffiliated	W50	F	53	
116	Luke	Bell	Unaffiliated	MS	M	31	
301	John	Bennett	Unaffiliated	M70	M	73	
283	Nicola	Bevan	Unaffiliated	W40	F	41	
340	Adam	Bignall	Unaffiliated	M40	M	41	
37	Neil	Blanchard	Victory AC	M40	M	47	
296	Jason	Bolton	Unaffiliated	MS	M	31	
222	Judi	Bond	Arunners RC	W50	F	52	
264	Amy	Bonner	Unaffiliated	WS	F	23	
79	Nicolas	Boorn	Gosport RR	M40	M	40	
303	Simon	Boreham	Unaffiliated	M40	M	46	Portsmouth Joggers
223	Emily	Bower	Unaffiliated	WS	F	30	
270	Rebecca	Bradshaw	Unaffiliated	WS	F	25	
35	Nick	Breach	Unaffiliated	M50	M	57	
41	Gill	Breach	Unaffiliated	WS	F	30	
111	Emma	Brewin	Pompey Joggers	WS	F	31	
137	Gill	Brown	Unaffiliated	W60	F	65	
170	Peter	Brown	Unaffiliated	M60	M	65	
171	Melanie	Brown	Unaffiliated	WS	F	35	

40	Roger	Brummell	Victory AC	M60	M	62	Victory AC
305	Chris	Buckley	Unaffiliated	MS	M	27	Konsept Fitness
257	Sue	Burley	Unaffiliated	W50	F	54	
204	Antony	Burr	Havant AC	M40	M	45	
205	Sarah	Burr	Havant AC	W40	F	43	
194	Carly	Butler	Unaffiliated	WS	F	36	
119	Cullam	Cairns	Victory AC	MS	M	23	
190	Wendy	Cannon	Tone Zone Runners	W50	F	52	
108	Emma	Carraher	Unaffiliated	WS	F	35	
189	Michelle	Cartwright	Portsmouth Tri	WS	F	39	
211	Tina	Challis	Unaffiliated	W60	F	61	Konsept Fitness
1	Adam	Chant	Denmead Striders	MS	M	27	
157	Matthew	Cheyney	Denmead Striders	MS	M	33	
188	Nick	Clark	Reading Joggers	M50	M	57	
232	Dawn	Clark	Unaffiliated	WS	F	38	
58	Anna	Clodfelter	Gosport RR	W40	F	47	
52	Kirsty	Cobb	Unaffiliated	WS	F	34	
85	Scott	Cobb	Unaffiliated	M40	M	48	
258	Trudi	Cocks	Unaffiliated	W40	F	49	
227	Natalie	Cole	Victory AC	W40	F	47	
120	Amanda	Coles	Victory AC	W60	F	61	
214	Lee	Collier Williams	Unaffiliated	MS	M	32	
75	Hayley	Connor	Unaffiliated	W40	F	47	
45	Simon	Cooper	Unaffiliated	MS	M	34	
293	Tim	Cooper	Unaffiliated	M50	M	57	
121	Charles	Cope	Gosport RR	M50	M	52	
273	Alethea	Copland	Unaffiliated	WS	F	36	
148	Chris	Cornwall	Denmead Striders	MS	M	33	
168	Annali	Court	Unaffiliated	W40	F	48	
18	Lawrence	Craddock	Portsmouth Tri	MS	M	32	
267	Marilyn	Crocker	Victory AC	W70	F	70	
346	Elaine	Cruttenden	Chichester Runners	W40	F	43	
175	Cecilia	Csemiczky	Reading RR	W70	F	71	
276	Hilary	Cullin	Unaffiliated	W50	F	53	
166	Hannah	Curtis	Denmead Striders	WS	F	33	
209	Michael	Daffon	Unaffiliated	MS	M	37	Konsept Fitness
224	Rachel	Dagnell	Unaffiliated	WS	F	39	
207	Paul	Davies	Unaffiliated	M40	M	44	
262	Zoe	Dawson-Couper	Unaffiliated	W40	F	45	
263	Sally	Dawson-Couper	Unaffiliated	W40	F	47	
96	David	Deane	Unaffiliated	MS	M	37	
309	Robert	Dempster	Southampton AC	M40	M	44	
350	Steve	Dilley	Unaffiliated	M40	M	48	
238	Neal	Dobson	Pompey Joggers	M40	M	42	
95	Hannah	Donnarumma	Unaffiliated	WS	F	28	
51	Gillian	Dowling	Gosport RR	W40	F	47	
254	Deliah	Downie	Unaffiliated	W40	F	40	
141	Mike	Downs	Unaffiliated	M60	M	61	

142	Lisa	Downs	Unaffiliated	W40	F	49	
173	Wendy	Duff	Unaffiliated	W40	F	45	
174	Lisa	Duke	Unaffiliated	W40	F	46	
178	Lucy	Durow	Unaffiliated	WS	F	29	
56	Neil	Dyer	Pompey Joggers	M50	M	55	
196	Carol	Dyer	Unaffiliated	W40	F	49	
150	Jennifer	Edbooke Stainer	Unaffiliated	WS	F	25	
281	Sadie	Edney	Unaffiliated	W70	F	70	
76	Colin	Edwards	Pompey Joggers	M40	M	45	
302	Gary	Edwards	Unaffiliated	M50	M	55	
87	Chris	Ellis	Denmead Striders	M50	M	53	
72	Wendy	England	Unaffiliated	W50	F	52	Gosport RR
115	Wayne	Evans	Unaffiliated	M40	M	40	
215	Steve	Evans	Unaffiliated	M50	M	52	Konsept Fitness
23	Kat	Fitzgerald	Unaffiliated	WS	F	27	
219	Matthew	Fleet	Fareham Crusaders	M40	M	40	
255	Lorraine	Fletcher	Unaffiliated	W40	F	43	
304	Andrew	Flynn	Victory AC	M50	M	51	
250	Katrina	Foxley	Unaffiliated	W40	F	49	
158	Denise	Francis	Gosport RR	W60	F	63	
199	Kevin	Friery	Unaffiliated	M60	M	66	
169	Martin	Fryer	Unaffiliated	M50	M	52	
31	Kev	Gale	Denmead Striders	M50	M	52	
46	Rachel	Gee	Unaffiliated	W40	F	44	Gosport RR
233	Justin	Geri	Unaffiliated	M40	M	48	
203	Kevin	Giles	Victory AC	M50	M	57	
259	Emily	Giles	Unaffiliated	W40	F	40	
106	Jo	Gilholm	Victory AC	W40	F	48	
16	Zoe	Gill	Victory AC	WS	F	39	
17	Matt	Gill	Victory AC	MS	M	38	
132	Simon	Gill	Victory AC	M40	M	40	
102	Natalie	Gillespie	Unaffiliated	W40	F	49	
184	Jason	Gould	Unaffiliated	MS	M	37	
24	Amy	Goulding	Unaffiliated	WS	F	24	
145	Gwen	Green	Unaffiliated	W60	F	63	
63	Robin	Greenfield	Liss Runners	M50	M	51	
328	Paul	Gregory	Unaffiliated	M50	M	50	
343	Alison	Gregory	Unaffiliated	W40	F	41	
153	Wendy	Groussin	Arunners RC	W40	F	48	
239	Phil	Guest	Pompey Joggers	M60	M	61	
69	Ian	Hansell	Unaffiliated	M70	M	74	
70	Lynn	Hansell	Unaffiliated	W50	F	52	
97	Stuart	Hansell	Unaffiliated	MS	M	37	
197	Mark	Hargreaves	Portsmouth AC	M60	M	61	
5	Enola	Harrison	Unaffiliated	WS	F	34	
154	Michael	Harrison	Denmead Striders	MS	M	29	
247	Sam	Hatherley	Unaffiliated	WS	F	36	
78	Duncan	Hatter	Unaffiliated	M40	M	44	Portsmouth Tri

91	Ian	Hayward	Pompey Joggers	MS	M	32	
38	Sara	Heath	Victory AC	W40	F	40	
345	Gary	Heather	Victory AC	M50	M	54	
272	Julia	Heaver	Unaffiliated	W50	F	55	Konsept Fitness
59	Cameron	Heslin	Unaffiliated	MS	M	21	
208	Stephen	Hickman	Unaffiliated	M40	M	48	Konsept Fitness
331	May	Ho	Unaffiliated	WS	F	24	
341	Katherine	Hodkin	Liss Runners	WS	F	29	
27	Matt	Holehouse	Unaffiliated	M40	M	40	
245	Graham	Hoskins	Unaffiliated	M40	M	48	
284	Daniel	Hoskinson	Victory AC	M15	M	17	
285	Thomas	Hoskinson	Victory AC	M15	M	17	
286	Tony	Hoskinson	Victory AC	M50	M	59	
282	Sharon	Houston	Unaffiliated	W50	F	53	
54	Zilla	Howard	Unaffiliated	W50	F	54	
248	Alison	Hunt	Unaffiliated	W50	F	54	
26	Amy	Hurley Dugdale	Unaffiliated	WS	F	32	
89	Laura	Hyman	Unaffiliated	WS	F	35	
244	Paul	Ince	Unaffiliated	M50	M	56	
22	Mark	Jakins	Gosport RR	M40	M	48	
274	Hazel	Jenkinson	Victory AC	W50	F	58	
297	Pip	Jennings	Unaffiliated	W50	F	51	
84	Tillie	Johnston	Denmead Striders	WS	F	29	
134	William	Johnston	Unaffiliated	MS	M	38	
140	Michelle	Jones	Victory AC	W40	F	44	
149	Carol	Jones	Pompey Joggers	WS	F	37	
213	Dean	Jones	Unaffiliated	MS	M	37	Konsept Fitness
29	Ruud	Jonkers	Denmead Striders	MS	M	32	
73	Sophie	Kemp	Unaffiliated	WS	F	20	
299	Casey	Keppe-Compton	Unaffiliated	W50	F	51	
60	Nicola	Kettley	Tone Zone Runners	W40	F	42	
74	Debbie	Knight	Unaffiliated	W50	F	52	
88	Karen	Knowles	Chichester Runners	M50	M	50	
220	William	Lawless	Unaffiliated	MS	M	35	
176	James	Lee	Fareham Crusaders	MS	M	28	
319	Yvonne	Lee	Unaffiliated	W40	F	43	
135	Kevin	Leighfield	Victory AC	M60	M	62	
138	Terrie	Leighfield	Unaffiliated	W50	F	57	
348	Lynne	Lemmis	Gosport RR	WS	F	37	
147	Kimberly	Lewis	Unaffiliated	WS	F	30	
71	Janet	Lindley	Gosport RR	W60	F	69	
167	Jason	Lingham	Unaffiliated	M40	M	46	
289	Ian	Linsley	Unaffiliated	M40	M	48	
107	Mikey	Lock	Unaffiliated	MS	M	31	
325	Beatrice	Lorans	Unaffiliated	WS	F	26	
228	Joy	Lothian	Unaffiliated	W40	F	48	
268	Kevin	Louth	Victory AC	MS	M	33	
306	Kevin	Loveman	Unaffiliated	M40	M	45	

308	Emma	Loveman	Unaffiliated	W40	F	49	
242	Lucy	Lovesy	Unaffiliated	WS	F	32	
2	David	Lown	Victory AC	M40	M	40	
6	Jennifer	Lown	Victory AC	WS	F	39	
212	Andrew	Luker	Unaffiliated	MS	M	36	Konsept Fitness
210	Clare	Lyons Amos	Unaffiliated	WS	F	35	Konsept Fitness
151	Matthew	Madill	Denmead Striders	MS	M	35	
133	Bridget	Main	Victory AC	W50	F	51	
206	Lee	Mann	Unaffiliated	M40	M	49	
307	Julian	Manning	Denmead Striders	M40	M	42	
43	Matt	Marsh	Unaffiliated	MS	M	39	
13	Zoe	Martin	Unaffiliated	W40	F	43	
275	David	Martin	Victory AC	M50	M	57	
130	Lee	Mawson	Denmead Striders	MS	M	39	
246	Nikki	Mayhew	Unaffiliated	W40	F	40	
62	Andrea	Maynard	Pompey Joggers	W60	F	61	
320	David	McClean	Unaffiliated	M50	M	51	
81	Darin	McCloud	Victory AC	M50	M	53	
30	Emily	McDonald	Unaffiliated	WS	F	33	
217	Helen	McManus	Clanfield Joggers	W50	F	54	
25	Leah	McNiff	Unaffiliated	WS	F	35	
77	Erika	Meades	Unaffiliated	W50	F	52	
86	Paul	Meades	Unaffiliated	M50	M	53	
216	Phoebe	Meades	Unaffiliated	WS	F	20	
80	Hazel	Meldrum	Unaffiliated	W40	F	45	
349	Sarah	Mercer	Rotary RR	W40	F	44	
65	Amy	Meredith	Unaffiliated	WS	F	33	
336	Lynette	Meredith	Unaffiliated	W60	F	64	Victory AC
201	Brian	Millo	Victory AC	M70	M	75	
68	Louise	Millson	Gosport RR	W40	F	47	
136	Christine	Mogg	Unaffiliated	W50	F	59	
139	Gerard	Moore	Unaffiliated	M40	M	47	
288	Belinda	Moore	Unaffiliated	W50	F	52	
298	Lisa	Moore	Unaffiliated	WS	F	35	
50	Karen	Morby	Gosport RR	W40	F	45	
159	Phil	Morgan	Unaffiliated	MS	M	32	Stubbington Green
160	Amie	Morgan	Unaffiliated	WS	F	30	Stubbington Green
322	Zoe	Morrall	Fareham Crusaders	WS	F	29	
117	Tonia	Morrell	Gosport RR	W40	F	45	
9	Mark	Morrison	Victory AC	M50	M	51	
11	Naomi	Mulcahy	Unaffiliated	W40	F	43	
34	Alan	Mulry	Unaffiliated	M40	M	49	Victory AC
198	Kerrie	Munden	Unaffiliated	WS	F	31	
183	Elaine	Munns	Victory AC	W40	F	48	
253	Caroline	Musto	Gosport RR	WS	F	24	
131	Kim	Nelson	Chichester Runners	W50	F	52	
251	Annabel	Newey	Unaffiliated	WS	F	36	
191	Amy	O'Donnell	Tone Zone Runners	WS	F	18	

192	Sean	O'Donnell	Tone Zone Runners	M40	M	49	
98	Geoff	O'Flanagan	Gosport RR	M40	M	47	
249	Kathleen	O'Neill	Unaffiliated	W60	F	62	
114	Laura	Palmer Bailey	Unaffiliated	W40	F	42	
200	Frank	Parsons	Unaffiliated	M60	M	66	
128	Lisa-Marie	Peckover	Denmead Striders	WS	F	31	
311	Ellen	Perry	Chichester Runners	WS	F	39	
327	Lis	Peskett	Chichester Runners	W50	F	50	
252	Anne	Platt	Unaffiliated	W60	F	60	
265	Aga	Plombon	Stubbington Green	WS	F	32	
4	Victoria	Poole	Unaffiliated	WS	F	31	
193	Alison	Pople	Denmead Striders	W50	F	57	
290	Serena	Porter	Unaffiliated	W40	F	48	
61	Emma	Powell	Fareham Crusaders	W40	F	43	
291	Alex	Prinsep	Romsey RR	MS	M	21	
292	Elizabeth	Prinsep	Romsey RR	W50	F	51	
125	Linda	Pukinsa	Victory AC	WS	F	31	
7	Rebecca	Ralf	Victory AC	WS	F	34	
165	Marie	Randall	Unaffiliated	W50	F	52	
256	Ian	Reed	Unaffiliated	M50	M	53	
318	Barney	Reed	Unaffiliated	MS	M	25	
226	Carol	Richardson	Unaffiliated	W40	F	45	
10	Dave	Robbins	Unaffiliated	M50	M	53	Pompey Joggers
295	Nicola	Robertson	Unaffiliated	WS	F	36	
146	Colin	Robson	Victory AC	M50	M	51	
229	Darren	Rockett	Unaffiliated	M40	M	47	
230	Kerrie	Rockett	Unaffiliated	W40	F	48	
152	Ann	Rogers	Unaffiliated	W40	F	47	
279	Frances	Rose	Liss Runners	W50	F	54	
334	Emily	Rowe	Unaffiliated	WS	F	26	
266	Peter	Royce	Victory AC	M60	M	67	
53	Amanda	Rudkin	Victory AC	W50	F	58	
39	Brett	Rumfitt	Unaffiliated	M50	M	58	
83	Christine	Russ	Unaffiliated	W50	F	54	
323	John	Ryan	Victory AC	M50	M	56	
300	Sharon	Sadler	Unaffiliated	W60	F	64	
218	Raman	Sangha	Victory AC	W60	F	66	
28	Russell	Saunders	Unaffiliated	M50	M	50	
82	Paul	Saunders	Denmead Striders	MS	M	30	
112	Nicolas	Saunders	Unaffiliated	MS	M	29	
143	Alex	Saunders	Unaffiliated	MS	M	27	
94	Gillian	Savage	Unaffiliated	W50	F	55	
19	Chris	Scanlon	Fareham Crusaders	MS	M	38	
202	Daniel	Scott	Unaffiliated	MS	M	35	
269	Ella	Scriven	Unaffiliated	WS	F	27	
287	Sean	Scutt	Unaffiliated	M40	M	46	
326	James	Sealy	Unaffiliated	M50	M	57	
172	Gary	Seaman	Unaffiliated	M50	M	56	

338	Lee	Serjent	Unaffiliated	M40	M	42	
3	Daniel	Shawyer	Denmead Striders	MS	M	38	
57	Jenny	Shilling	Gosport RR	W60	F	68	
155	Reuben	Shilling	Unaffiliated	MS	M	19	Gosport RR
42	Emma	Sillence	Unaffiliated	WS	F	31	
44	Dan	Sillence	Unaffiliated	MS	M	34	
278	Charlie	Sinclair	Unaffiliated	WS	F	22	
339	Jeremy	Slade	Unaffiliated	M50	M	50	
126	Sarah	Slater	Unaffiliated	W40	F	44	Konsept Fitness
260	Paul	Smart	Victory AC	M50	M	53	
294	Garry	Smith	Unaffiliated	M40	M	42	
241	Amy	Snowden	Unaffiliated	WS	F	29	
237	Angela	Soto	Unaffiliated	W40	F	41	
8	Steve	Squires	Portsmouth Tri	M40	M	41	
101	Nichola	Stanley	Gosport RR	W40	F	45	
32	Dan	Starkey	Denmead Striders	MS	M	34	
335	Kirsty	Stevens	Unaffiliated	WS	F	34	
310	Caroline	Stockman	Unaffiliated	WS	F	30	
161	Jane	Strickland	Unaffiliated	W60	F	63	
162	Suzzani	Strickland	Unaffiliated	WS	F	31	
337	Donna	Strowger	Tone Zone Runners	W40	F	47	
36	Lewis	Swan	Unaffiliated	MS	M	34	
280	Susan	Symmons	Liss Runners	W50	F	50	
236	Emma	Tabenor	Unaffiliated	WS	F	39	
221	Matthew	Tarrant	Unaffiliated	MS	M	38	
181	Donna	Tatem	Gosport RR	W50	F	50	
277	Rachel	Taws	Unaffiliated	WS	F	32	Portsmouth Joggers
124	Jason	Temperton	Clanfield Joggers	M40	M	49	
179	Jessica	Thomson	Tone Zone Runners	WS	F	27	
180	Stuart	Thomson	Tone Zone Runners	M50	M	59	
240	James	Tidbury	Unaffiliated	MS	M	39	
100	Lee	Torrens	Gosport RR	M40	M	49	
33	Michael	Trevellick	Unaffiliated	M50	M	51	
329	Sarah	Trickey	Unaffiliated	W50	F	51	
12	Ruth	Turish	Unaffiliated	WS	F	32	
21	Kathryn	Turner	Unaffiliated	W50	F	52	
122	Simon	Turner	Victory AC	M40	M	42	
113	Clariece	Warrior	Victory AC	WS	F	37	
321	Jason	Watts	Unaffiliated	MS	M	36	
14	Elliot	Webber	Portsmouth Tri	MS	M	32	
20	Esme	Webber	Unaffiliated	WS	F	31	
110	Claire	Welch	Denmead Striders	W40	F	40	
123	Paul	Welch	Denmead Striders	M40	M	41	
99	Mick	Welland	Stubbington Green	M70	M	73	
48	Chris	Weller	Unaffiliated	M60	M	63	
49	Adele	Weller	Unaffiliated	W50	F	54	
243	Gina	Westwell	Unaffiliated	W40	F	47	
344	Katie	Wheater	Unaffiliated	W40	F	42	

55	Wendy	Whelan	Road Runners Club	W70	F	70	
109	Sharon	Whitcombe	Unaffiliated	W50	F	54	
64	Sarah	White	Unaffiliated	WS	F	33	
330	Andrew	White	Unaffiliated	MS	M	32	
187	Anthony	Whitlock	Clanfield Joggers	M50	M	54	
271	Sarah	Whittle	Unaffiliated	WS	F	38	
15	Neil	Williams	Denmead Striders	MS	M	33	
67	Robin	Wilson	Denmead Striders	M40	M	40	
347	Zoe	Windsor	Gosport RR	W40	F	41	
47	Meranda	Winter	Unaffiliated	W40	F	46	
177	Jonathon	Wood	Unaffiliated	M40	M	49	
164	Lynn	Woolley	Unaffiliated	W40	F	49	
234	Verity	Wright	Unaffiliated	W40	F	49	
235	Michelle	Wright	Unaffiliated	W40	F	47	
342	Stephen	Wroe	Pompey Joggers	M50	M	52	
163	Samantha	Yates	Tone Zone Runners	W50	F	51	